



## **Regelment**

The athlete has four minutes of time for each station. If he terminates the station not within this specified time, he must cancel the station and receives eight penalty minutes , but may compete in the next stations.

Each athlete must be in time ( 3 min) at each station . If the athlete is not in time, he will receive eight penalty minutes but may continue to participate in the competition.

### **Station 1 – stair run**

If the starter does not press the buzzer to trigger the interval time after eleven storeys, he gets eight penalty minutes for this station.

### **Station 2 – fire hose pulling**

opening the B-jets nozzle outside the designated area – 10 seconds

Valve not fully open in portable pump – 10 seconds

Drop of the jet outside the box – 10 seconds

### **Station 3 – tower race**

leaning the ladder against the tower outside the highlighted area – 10 seconds

Unclean placement of the canister – 10 seconds

Not completely bolt- mouthpiece – 10 seconds

Storing the ladder outside the area designated for such purposes – 10 seconds

### **Station 4 – wall**

Hammer sledge not beaten up to the mark – 8 minutes

Unclean shutdown of the canister – 10 seconds

## Equipment



1. Einsatzhose (nach EN469)
2. Einsatzjacke (nach EN469)
3. Feuerwehr Einsatzstiefel
4. Feuerwehreinsatzhelm